

Melrose Recreation Department PROGRAMS & EVENTS

SPRING 2021

MAYOR PAUL BRODEUR



MELROSE RECREATION DEPARTMENT

562 MAIN STREET, MELROSE, MA 02176

OFFICE: 781-979-4179

RECREATION@CITYOFMELROSE.ORG

SPRING PROGRAMS

HAVING FUN, BEING SAFE, TOGETHER AS A COMMUNITY



SUMMER
PROGRAMS

BROCHURE RELEASE DATE:
MID APRIL

REGISTRATION NOW OPEN!
ALL PROGRAMS ARE IN-PERSON

**ONLINE REGISTRATION AVAILABLE AT
WWW.CITYOFMELROSE.ORG**

STATEMENT OF PRECAUTION

Under the guidance of the Mayor of Melrose, the Board of Health, and the Melrose Park Commission, the City of Melrose prioritizes the importance of proper health and safety precautions involving group gatherings for all programming. We strictly follow all guidelines established by the State of Massachusetts in order to ensure the safety of our participants and their families. Our goal is for Melrose residents to have the opportunity to return to the activities they enjoy, while adhering to all precautions.

INTRODUCTION

Director's Corner

We are very excited about all we have to offer this spring through the Melrose Recreation Department. We have programs, classes, events, leagues, and tournaments for youth and adults of all ages. We have added a lot of new offerings that we hope you find interesting throughout our brochure book. Please take your time and mark your calendars so you don't miss out on a fun experience either trying something new or doing something you already enjoy.

Thank you for your continued support, and we look forward to seeing everyone this spring and summer.

Sincerely,

Frank Olivieri, CPRE
Recreation Director

Mission Statement

The Melrose Recreation Department strives to create high quality recreational programs and events that are affordable and safe for citizens of all ages and abilities. With dedicated leadership and pride, we offer resources and opportunities to strengthen our community while striving to increase the social, cultural, and physical well-being of its residents and visitors.

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Melrose Recreation Dept.

562 Main Street, Melrose, MA 02176

Main Phone781-979-4179

Email.....recreation@cityofmelrose.org

Recreation Dept. Staff

Frank Olivieri.....Recreation Director
Joe Blotner.....Recreation Coordinator
Haley Gorman.....Recreation Assistant
Julie Pino.....Recreation Assistant

Park Commission

Bob Christiansen John McLaughlin Jr.
Bill Gardiner (Chair) John Mercer
Jim Lane

*The Park Commission meets the second Monday of every month at Mount Hood Golf Course in the Carr Room at 7:00pm. Check city website for changes.

Office Hours

Mon – Thu 9:00am – 2:00pm
 2:00pm – 8:00pm (By appointment)

Fri 9:00am – 12:00pm
 12:00pm – 4:30pm (By appointment)

Note: At this time the Recreation Department is working remotely. We are available and responding to phone calls and emails throughout the day. If you need attention regarding any issues please do not hesitate to contact us.

On weekday afternoon / evenings the Recreation staff visits numerous locations to supervise programs, leagues and events. Please contact us if you would like to schedule an after-hours appointment so we can assist you.

YOUTH PROGRAMS



Saturday Classes

Dates: April 17 – June 12
(No Class on May 29)
(Rain Date June 19)
Sessions: 8 Classes
Cost: \$160
Location: Gooch Park

Ages 2 - 3: 9:00am – 9:40am (40 min)
(Parent / guardian participation required)

Age 3 – Young 4: 9:55am – 10:40am (45 min)

Age Older 4 - 5: 10:55am – 11:45am (50 min)

Wednesday Classes

Dates: April 28 – June 16
(Rain Date June 23)
Sessions: 8 Classes
Cost: \$160
Location: Gooch Park

Ages 2 - 3: 9:00am – 9:40am (40 min)
(Parent / guardian participation required)

Age 3 – Young 4: 9:55am – 10:40am (45 min)

Age Older 4 - 5: 10:55am – 11:45am (50 min)

Program Description:

At Super Soccer Stars, it is our goal to teach soccer skills in a fun, non-competitive, educational environment. Our philosophy is to use soccer to nurture, to build self-confidence, and to develop teamwork in every class. Our specially designed curricula use positive reinforcement and a low child-to-coach ratio to ensure that each child improves at his or her own rate while having endless fun.

Social distancing practices will be used during the program. All children are required to bring a soccer ball, water and wear a mask at all times. Parent / guardian participation is required in our 2-3 year old class. Sanitation station available.

Run by:

Super Soccer Stars www.supersoccerstars.com



YOUTH PROGRAMS

STEAM & Stories at the Common

Ages: 2 - 5
Day: Wednesdays
Dates: April 7 – June 30
Time: 10:00am – 10:45am
Cost: Free!
(tax-deductible donations are appreciated)

Location: Common Park

To Register:

You must pre-register for each Wednesday class via our e-newsletter. To register, go to our website at nsfamilynetwork.org to sign up or receive our e-newsletters by texting FAMILYNETWORK to 22828 and you will be prompted to register via a link.

If class is full, please email nsfamilynetwork@gmail.com to get on the wait list. If you are registered and unable to attend, please email us by 8:00 a.m., so another family may participate.

Young children are natural born scientists, engineers, artists and mathematicians! Join staff from the **Family Resource Network** as we explore the world through Science, Technology, Engineering, Art and Math. This outdoor play and learn group is designed for parents or caregivers with children 2 - 5 years old. Children will explore STEAM through stories and fun hands-on activities, where they will create, invent, reason and problem solve. Please bring a blanket, so we can all be socially distanced and safe. Masks are required for all adults and recommended for children ages 2 - 5 years old.

In partnership with:

North Suburban Child and Family Resource Network

Follow on Facebook at:

www.facebook.com/pg/northsuburbanfamilynetwork

Outdoor Gym Class by Rec!

Grades: K - 2
Sessions: 8 Total Classes
Cost: \$80
Location: Cabbage Patch Field

Session I: Tuesdays
3:00pm – 4:00pm
April 27 – June 8
(Rain Date: Thursdays)

Gym class is back in session! Due to so many students having to learn virtually this school year the Rec Dept. will be offering our version of gym class outdoors. Participants will play games, sports, and exercise while having fun and socializing just like they would in school. Group sizes will be kept small and will be separated by grade. Each group will remain in its own cohort and will not be mixing in with each other. Space will be limited. Participants will need to bring water each day of the program.

YOUTH PROGRAMS



Middle School Outdoor Running Club

Grades: 6 – 8
Days: Mon, Wed, Fri
Date: April 26 – June 11
(No May 31)
Time: 3:00pm – 4:00pm
Cost: \$90
Location: Cabbage Patch

Description:

- Practices 2 – 3 times per week directly afterschool
- Runners will be timed at the beginning of the season and again at the end of the season to track improvement



Middle School Volleyball Skills & Drills

Grades: 5th & 6th (4:30pm – 6:00pm)
Grades: 7th & 8th (6:15pm – 7:45pm)

Days: Sundays
Date: May 2 – June 13
(No May 30)
Cost: \$90
Location: Marcoux Gym

Description:

The programs main focus is to teach basic volleyball skills, practice those skills, and have fun. Many of the days will start with a skills session or review and then end with mini scrimmages. All are welcome from beginners who have never played volleyball to those who are more skilled.



SUMMER PROGRAMS

BROCHURE RELEASE DATE:
MID APRIL

ADULT PROGRAMS

SPRING / SUMMER LEAGUES

Adult Co-Ed Pick-Up Soccer

Ages: 30(+)
Days: Sundays
Time: 7:00pm - 8:30pm
Cost: \$45
Location: Fred Green Turf Field
Session: April 25 – June 20
(No Game: May 9 & May 30)

Every pick-up game is staffed with a referee and will be played under the lights on the turf at Fred Green Field. Games will be continuously running for the duration of the session. No prior experience required. If under the age of 30 please contact the Recreation Department for more information on how you can join the league. Rain dates have been built into the schedule as extra days. If nights are cancelled due to weather or HS athletics they will not be made-up.

If you need a new reversible team jersey there is an additional \$15 fee at time of online registration. Be sure to include your jersey size if you are purchasing a league jersey. All players are required to own a Recreation Dept. reversible jersey to participate. You can use your jersey for all future seasons.

Men's Over Thirty Summer Baseball League

Ages: 30(+)
Days: Sundays
Session: June 13 – Sept 19 (No July 4)
Time: 8:00am or 10:15am game
Cost: \$130
Location: Pine Banks and/or Morelli Field
(Walsh Field in Wakefield may be used)

New 14 Game Schedule! Additional games have been built into the season. This season we have extended the season two extra weeks and will be ending on Sept 19 instead of Sept 5. If any nights are cancelled due to weather they will not be made-up this season due to the additional games.

Games start on June 13 with potential for a league practice on June 6. Each game is staffed with a certified umpire. All players receive a team jersey and hat. Wooden bats only. Space is limited to the first 48 players before they are placed on the waiting list in hopes of opening up additional teams. We encourage all to register early!

ADULT PROGRAMS

SPRING / SUMMER LEAGUES

Pickleball

Ages: 25+
Days: Tuesdays & Thursdays
Dates: May 18 – Oct 21
Time: 5:30pm – 7:30pm
Cost: \$5 Drop-In
Location: Foss Park
(Potential location change)

Description:

This is a fun and social league where skill levels may vary. Participants should enjoy friendly competition, maintain a lengthy rally, and are skilled at both the soft and hard game strategies. These players play at the NVZ, get 80% of their serves in and have played competitively in other locations. Due to limited court space prior experience is required. Paddles and balls will be provided. Games typically last between 10 – 15 minutes before rotation. Games are almost always played as doubles competition. Sneakers are required.

Social distancing practices will be used during the program. All participants are required to bring a mask and water with them to the class. Participants may need to wear a mask at certain times during the program. Sanitation station will be available.



Melrose Tennis Association

Ages: 18(+)
Days: Tue, Wed, & Thu
Time: 5:30pm – Till Dark
Dates: May 11 – Sept 9
Cost: \$95
Location: Crystal Street Tennis Courts

Description:

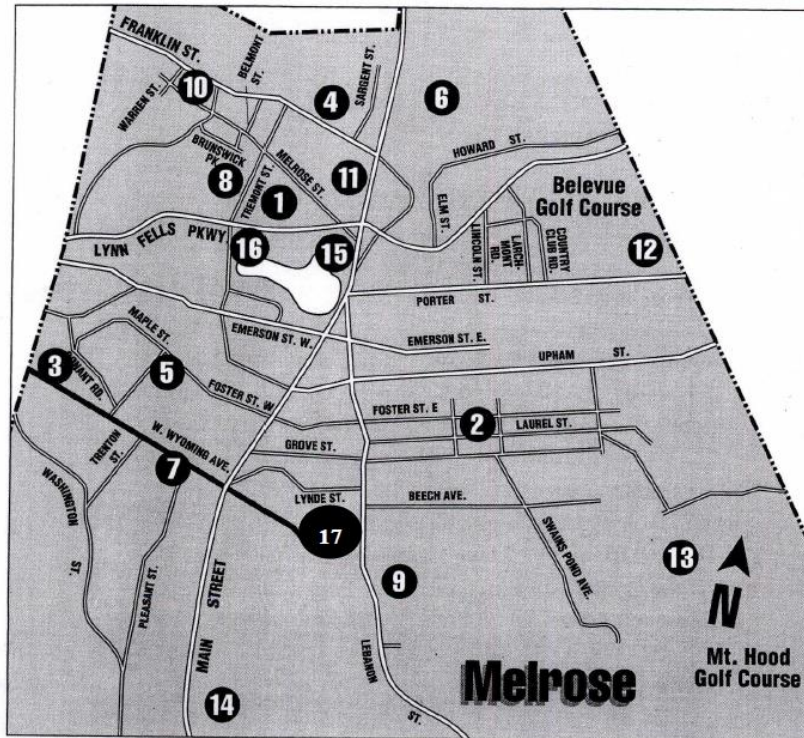
M.T.A is a non-competitive social group for intermediate & advanced tennis players. The group meets two times a week to play doubles and/or singles matches. On Tuesdays and Thursdays, a Program Coordinator will be on-site to supply new tennis balls and to assist in setting up matches for players. Wednesdays will be an open tennis evening for M.T.A. participants. Players may need to supply their own tennis balls on these evenings. All new players will be evaluated on their first night by a Program Coordinator to confirm the player's skill level is appropriate for the association.

Social distancing practices will be used during the program. All participants are required to bring a mask and water with them to the class. Participants may need to wear a mask at certain times during the program. Sanitation station will be available.

Program Coordinators:

Teresa Mackie & Elizabeth Atkinson

parksand fields



Park Locations

Park Name

1. High School Athletic Complex
2. Common Park
3. Conant Park
4. Dunton Park
5. Gooch Park
6. Hesseltine Park
7. Lincoln Park
8. Messenger's Park
9. Lebanon St. Park
10. Volunteer. Park
11. Franklin School Park
12. Drinkwater Park
13. Mt. Hood Golf Course & Park
14. Pine Banks Park
15. Ell Pond Park – East
16. Ell Pond Park – West
17. Foss Park

Amenities

- Football, baseball, track
- Tot lot, basketball, softball
- Play area, ball fields
- Tot lot, benches
- Play area, basketball
- Tot lot, ball field, basketball, tennis
- Tot lot, tennis, basketball, ball field
- Tot lot, fields, basketball
- Play area, basketball, softball
- Tot lot
- Soccer field, tot lot
- Tot lot
- Golf, hiking, fishing, x-country skiing
- Baseball, hiking, rugby, soccer
- Tennis, soccer, Dog Park
- Tennis, baseball
- Basketball, pickleball, baseball, play area

Location

- Lynn Fells Pkwy
- Laurel & Foster St.
- Conant Rd.
- Franklin & Pratt St.
- Florence, Maple, Vinton St.
- Hesseltine Ave.
- Rear Lincoln St.
- Rear Roosevelt School
- Lebanon St.
- Warren & Melrose St.
- Rear Franklin School
- Porter & Ellis Farm
- Stillman Rd.
- Main St.
- Lynn Fells Parkway
- Tremont St.
- Malvern St.

Parks Department

Joan Bell Superintendent of Mt. Hood G.C. & Public Open Space

781-662-0210

Guide to Use & Maintenance of City Recreational Facilities

<http://www.cityofmelrose.org/departments/parks/Permits/RecFacilityUserGuide.pdf>

GENERAL INFORMATION

Payment

Payment must accompany all program registrations. Cash, checks, and credit card (online only) are all accepted. Checks should be made payable to "Melrose Recreation Department." Mastercard, and Visa are accepted for all online registrations. All printable registrations forms can be found on our website at www.cityofmelrose.org. To register online visit our website (listed above) and click on the "Online Registration" link. If you have any difficulties please contact us at 781-979-4179.

Scholarships & Financial Aid

Scholarships are provided for families who qualify for the Free or Reduced Lunch Program through the Melrose School System. Other financial assistance may be available to interested participants. For eligibility information, please contact the Melrose Recreation Department by phone or email.

Financial Aid

Financial assistance may be available to interested participants. For eligibility information, please contact Melrose Recreation by phone or email.

Refunds

Because our classes are supported solely by fees, no refunds will be given after a class or a session begins unless for a medical condition. If you cancel for other reasons, you must do so **before two weeks prior to the first class** for a refund (minus administrative fee). Request must be in writing with a short explanation. Refunds may take 4 – 6 weeks for processing. An administrative fee of \$10.00 will be retained per person per program for all withdrawals from programs. If you cancel after the start of a program, no credit or refunds will be given.

Participants Responsibility

We ask that all participants respect the staff, other participants, program equipment, age requirements, and facilities when participating in programs offered by Melrose Recreation. If participants fail to cooperate with the rules, Melrose Recreation reserves the right to dismiss or suspend a participant in any program without a refund.

Attention Parents / Guardians

All program participants are encouraged to bring water and snacks to programs, however, due to increased nut allergies, please do not bring or send items containing nuts for snacks and lunches.

Inclement Weather

All weather announcements and updates will be made via email to registered participants. Please check your email regularly to find out the status of your programs and field conditions.

Cancellations

Melrose Recreation reserves the right to cancel or postpone a program due to low enrollment. If a multi-session program must be cancelled due to inclement weather or other unforeseen circumstances, refunds or program credits will not be given, however we will do our best to reschedule.

Course Confirmation

A participant is registered **ONLY** when payment is received. If at any time, there are questions regarding your enrollment status please contact Melrose Recreation either by phone or email.

Special Needs

Participants with special needs are encouraged to attend all of our programs. Staff members are sensitive to their needs and will do everything possible to assist. If you are unsure about program registration, call regarding specifics.

Volunteer Opportunities

Melrose Recreation greatly depends on volunteers to support all of our programs and special events. If you are interested in volunteering, there are a variety of programs and activities looking for a caring heart, a specific skill, and a helping hand! Contact us for openings. Thank you to all who have already given their time and energy!!!

Scholarship Funding

In order to continue offering quality programs at affordable costs, when registering, please consider donating to our scholarship fund. Melrose Recreation's goal is never to turn away an interested participant due to economic hardship. With your help, we will be able to continue this practice. Thank you.